

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moreels Barbara

Coaches: Schepers Jérôme

Coaches: Bijloos Annie

Coaches: Dewit Isabelle

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 48: 100M FREESTYLE MEN 13-14			Heat:7, starttime: 14:11		
Heat: 7/12 Lane : 7 Athlete: SCHEPERS RUBEN			Q-time: 01:11:14		
PB (50m pool): 01:11.14 Aalst 26/04/2026			PB (25m pool): 01:09.49 SB: 01:11.14 Aalst 26/04/2026		
	50 M	100 M			
PB	00:33.89	01:11.14			
	00:33.89	00:37.25			
			

Coach feedback:

Event number: 49: 200M BACKSTROKE WOMEN 13-14				Heat:2, starttime: 14:26	
Heat: 2/5 Lane : 4 Athlete: HEYLEN ROOS				Q-time: 03:06:14	
PB (50m pool): 03:06.14 Lochristi 01/02/2026				PB (25m pool): 03:03.91 SB: 03:06.14 Lochristi 01/02/2026	
	50 M	100 M	150 M	200 M	
PB	no time	01:31.13	no time	03:06.14	
	no time				
	

Coach feedback:

Event number: 50: 50M BREASTSTROKE MEN 15+		Heat:4, starttime: 14:46			
Heat: 4/8 Lane : 4 Athlete: LUYPAERT EDEN		Q-time: 00:37:33			
PB (50m pool): 00:37.33 Antwerpen 15/03/2026		PB (25m pool): 00:39.50 SB: 00:37.33 Antwerpen 15/03/2026			
	50 M				
PB	00:37.33				
	00:37.33				
				

Coach feedback:

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Event number: 52: 200M BACKSTROKE MEN 15+				Heat:1, starttime: 15:07	
Heat: 1/4 Lane : 1 Athlete: BOONE FELIX				Q-time: 02:52:07	
PB (50m pool): 02:52.07 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:40.82 SB: 02:52.07 Sportoase De Watermolen 29/03/2026					
	50 M	100 M	150 M	200 M	
PB	00:39.95	01:23.81	02:09.09	02:52.07	
	00:39.95	00:43.86	00:45.28	00:42.98	
	

Coach feedback:

Event number: 52: 200M BACKSTROKE MEN 15+				Heat:2, starttime: 15:11	
Heat: 2/4 Lane : 4 Athlete: VAN DE WINKEL MILAN				Q-time: 02:37:10	
PB (50m pool): 02:37.10 Lochristi 01/02/2026 PB (25m pool): 02:28.66 SB: 02:37.10 Lochristi 01/02/2026					
	50 M	100 M	150 M	200 M	
PB	no time	01:15.30	no time	02:37.10	
	no time				
	

Coach feedback:

Event number: 54: 50M BUTTERFLY MEN 13-14		Heat:6, starttime: 15:40			
Heat: 6/7 Lane : 3 Athlete: SCHEPERS RUBEN		Q-time: 00:33:85			
PB (50m pool): 00:33.85 Antwerpen 15/03/2026 PB (25m pool): 00:33.43 SB: 00:33.85 Antwerpen 15/03/2026					
	50 M				
PB	00:33.85				
	00:33.85				
				

Coach feedback:

Event number: 55: 100M BREASTSTROKE WOMEN 13-14		Heat:7, starttime: 15:56			
Heat: 7/8 Lane : 3 Athlete: DEBAETS ELIEN		Q-time: 01:31:99			
PB (50m pool): 01:31.99 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 01:32.64 SB: 01:31.99 Lago Gent Rozebroeken 03/05/2026					
	50 M	100 M			
PB	00:44.52	01:31.99			
	00:44.52	00:47.47			
			

Coach feedback: